

BEST START Central District Breastfeeding Promotion Council BREASTFEEDING INFORMATION AND SUPPORT

**If you need help with breastfeeding or have questions,
call any of these resource people.**

HOSPITALS

ASK FOR LACTATION EDUCATOR

Mountain Home AFB Hospital	(208) 828-7520
St. Luke's Regional Medical Center	(208) 381-2592
St. Luke's Meridian Medical Center	(208) 706-3119
Saint Alphonsus Regional Medical Center	(208) 367-7380
McCall Memorial Hospital	(208) 634-2221

HEALTH DEPARTMENTS

Central District Health Department- WIC Program

Boise	(208) 327-7488
Garden Valley	(208) 327-7488
Horseshoe Bend	(208) 327-7488
Idaho City	(208) 327-7488
McCall	(208) 634-7194
Mountain Home	(208) 587-4409
Mountain Home AFB	(208) 828-3193

LA LECHE LEAGUE

Volunteer Accredited La Leche	1-800-LALECHE
League Leaders	http://www.llusa.org

INTERNATIONAL LACTATION CONSULTANT ASSOCIATION

Private Lactation Consultants by zip code	http://www.ilca.org
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BREASTFEEDING HELPLINE

Monday - Friday 7am - 4pm MST	1-800-994-9662
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**For more information about the WIC Program, contact the Idaho
Careline at 211 or 1-800-926-2588**

The WIC Program is an equal opportunity provider.

